

# October Lunch 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Chow Mein <sup>1</sup> Brown Rice Pilaf Broccoli Cheese Stick Mandarin Oranges NO ALTERNATE	Hot Turkey & Cheese Sandwich <sup>2</sup> Country Blend Veggies Baked Beans Oranges NO ALTERNATE	Italian Dunkers <sup>3</sup> Garlic Bread Lettuce Salad Peaches ALTERNATE: Chef Salad	Grilled Cheese Sandwich <sup>4</sup> Tomato Soup Broccoli Florets Jicama Sticks Carrot Sticks Apple NO ALTERNATE
Chicken Patty on a Bun <sup>7</sup> Baked Beans Carrots, steamed Applesauce NO ALTERNATE	Sub Sandwich <sup>8</sup> Pickle Spear Carrot Sticks Jicama Sticks Red Peppers Black Olives-sliced Hummus Oranges NO ALTERNATE	Turkey Tortilla Soup <sup>9</sup> Cheese Stick Tortilla Chips Broccoli Pears NO ALTERNATE	Spaghetti w/meat sauce <sup>10</sup> Garlic Bread Lettuce Salad Peaches ALTERNATE: Chef Salad	Mexican Quesadilla <sup>11</sup> Lettuce Salad Tator Tots Apple NO ALTERNATE
Chicken Pot Pie Over Biscuits <sup>14</sup> Cheese Stick Broccoli Apple NO ALTERNATE	Hot Dog on a Bun <sup>15</sup> French Fries Carrot Sticks Apple NO ALTERNATE	NO SCHOOL TODAY <sup>16</sup>	NO SCHOOL TODAY <sup>17</sup>	NO SCHOOL TODAY <sup>18</sup>
Nachos <sup>21</sup> Tortilla Chips Lettuce Salad Corn Apple ALTERNATE: Chef Salad	Beef Stroganoff <sup>22</sup> Breadstick Country Blend Veggies Peaches NO ALTERNATE	Chicken Tenders <sup>23</sup> Baked Beans Carrot Sticks Apple NO ALTERNATE	Chicken Alfredo <sup>24</sup> Breadstick Broccoli Strawberries NO ALTERNATE	Pancakes - Wholegrain <sup>25</sup> Strawberry Yogurt Hashbrown Applesauce NO ALTERNATE
Tacos w/ fixings <sup>28</sup> Lettuce Salad Corn Oranges ALTERNATE: Chef Salad	Pizza Burgers <sup>29</sup> French Fries Country Blend Veggies Apple NO ALTERNATE	Chicken Patty on a Bun <sup>30</sup> Baked Beans Winter Blend Veggies Tropical Fruit NO ALTERNATE	Wormy Brains <sup>31</sup> Witches Broom Stick Veggies w/ Creepy Cheese Jack-O-Lantern Smiles Blood Cake w/ Ghost Cream	

Lunch is served with Whole Grains & Unflavored Milk [Low-fat, 1%, Lactose Free], Water is also available

This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY

Free Meals Option: K-8, receive ONE lunch per school day when in session

Lunch Prices: Student \$4.50, Adult \$5.00, Milk \$.50